

Post Surgical –Special Care

Post-surgical care varies depending on the type of surgery. For instance, with thyroid surgery, acupuncture treatment employs specific points on the neck to prevent discomfort when the patient swallows. For abdominal or pelvic surgery, stimulation of certain acupuncture points can help remove gas and relieve the bowels. After kidney and bladder surgery, acupuncture can help a patient recover the strength to pass urine. More specifically, Post -Surgical symptom prevention can include treatment of the following conditions:

- Edema

Certain acupuncture points are noted for their ability to help the body prevent edema after surgical removal of lymph nodes. Acupuncture is very effective in reducing the swelling after surgery and will also aid in lymphatic drainage. Frequent lymphatic massage with herbal cream is recommended to reduce water retention, treat inflammation, and aid in tissue recovery.

- Pain

Patients will suffer from different degrees of pain after surgery. The need for large quantities of pain medication may lead to unwanted side effects. Acupuncture may be employed to relieve pain and reduce the dosage of pain relievers. This treatment will also help speed the overall recovery process.

- Soft Tissue Tension/Injury

Many different types of surgery, including spinal disc surgery, muscle tendon surgery, and neural surgery may lead to the tightening of soft tissues. Acupuncture use for post surgical care can strengthen bones, improve joint flexibility, and prevent scar tissue from developing.

- Recurrence

Many symptoms will recur post-surgically without further prevent active maintenance and care. Carpal tunnel syndrome, for example, could recur since it usually results from repetitive stress. Similarly, there is frequent recurrence of cysts following removal.

- Cosmetic Surgery:

In the case of facelift surgery when the incision is on scalp, patients may suffer from migraine, headaches, swelling of the scalp, neck pain and shoulder pain post-surgically. Acupuncture treatment can help alleviate these symptoms and maintain the tightness of the skin

Pre-surgical and post-surgical preventive care is very important for all types of surgical cases. Patients should consult their acupuncturist directly to devise a treatment plan specific to their individual needs..



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Pre and Post Surgical Care

Surgery is one of the most frequent treatment methods employed by Western medicine. Developed over the last several hundred years, surgery has saved many patients' lives as well as resolved a great deal of medical conditions.

Because the surgical procedure will cause physical damage to the body, as well as possible side effects such as: reaction to anesthesia, blood loss, blood clots, body tissue damage, scar tissue development, infection, and so forth, Chinese medicine had developed a treatment plan for pre/post surgical care, to reduce the damage to the body from surgery and to achieve the best possible results. This type of therapy could be combined with physical rehabilitation to achieve optimum healing.

PRE SURGICAL CARE

Pre surgical preventive care is provided for patients who plan to undergo surgery to help minimize damage from the surgical incision and speed the recovery process. The treatment includes:

Stress Management

Acupuncture therapy is used to relax the body and calm the spirit as the patient prepares for surgery.



Prevention of Infection

Acupuncture and acupressure are employed to strengthen the immune system by increasing white blood cell antibodies so the patient has increased resistance to infection.

Reduction of blood loss

Acupuncture can be employed to prevent the occurrence of heavy bleeding from surgery. Surgical incisions will inevitably result in loss of blood, but research has shown that two major acupuncture points can aid blood platelet cells in coagulating. Acupuncture treatment using these points can be given 36 hours prior to surgery to prevent heavy bleeding.



Enhance the effect of anesthesia and reduce its side effects

Four acupuncture points used for acupuncture anesthesia have been clinically recognized by the Western medical community to help patients' pre surgery. Acupuncture anesthesia can effectively reduce the dosage of anesthetic medication. This is particularly important pre-labor, if a pregnant woman chooses an epidural. In most cases, pre surgical preventive care is administered beginning two weeks before the operation for a total of 3 treatments.

POST SURGICAL –GENERAL CARE

Post-surgical care helps the patient recover from surgery quickly through the use of acupuncture, herbs, and acupressure. The treatment plan is designed to immediately follow the specific surgery and be repeated the day after surgery.

Immediate Care After Surgery

Traditional Chinese Medicine removes blood stasis caused by the surgical procedure by means of a three-day herbal formula to be taken following the surgery. This formula helps remove blood stasis, recover microcirculation, and aids in healing scar tissue. The overall effects on surgery. Scars can be made less apparent through the use of an herbal cream combined with acupuncture treatment.

Anesthesia Detoxification

Post-surgical care can help with anesthesia detoxification. Acupuncture is applied to points on the head using scalp needles, and on the liver meridian to help accelerate anesthesia detoxification. Acupuncture detoxification can reduce damage to the liver and help the patient avoid loss of memory and concentration.

Strengthening of Energy

Any surgical procedure will result in general fatigue. A patient often feels exhausted after undergoing an operation. Two weeks after surgery is the best time to focus on energy recovery. Acupuncture, acupressure, and herbal formulas are combined to treat fatigue, insomnia, and strengthen the body's energy.