

TCM - Preventive Cancer Care

The goal of Preventive Cancer Care is to activate the body's inherent defenses to protect itself from the illness. Acupuncture, Chinese Herbal Therapy, Acupressure, Music Therapy, Reflexology and Mind/Body/Spirit Therapies have been proven an effective means of cancer prevention for those in remission as well as those in high risk categories.

TCM is commonly used preventatively to strengthen the immune system for those patients who have a family history of cancer, are over 45 years of age, or smoke cigarettes or are exposed to second hand smoke. Additionally, those who suffer from chronic recurrent conditions such as breast and ovarian cysts, uterine fibroids, persistent cough with green or yellow sputum, peptic ulcers, or hypochondriac pain with acid reflux, etc. are equally at risk.

In cases with long-term high dosages of estrogen, or patients with high PSA levels with negative biopsy, Acupuncture and Chinese Herbal Therapy is used to balance hormones, lower PSA levels and prevent breast or prostate cancer.

Acupuncture can strengthen the immune system, especially by raising antibodies and T-cells which monitor and kill cancer cells. Chinese Herbs are used for patients with weakened immune systems, toxicity due to large doses of drugs and exposure to carcinogens, and to address symptoms according to individual risk factors. Relaxation Therapy can promote a calm and peaceful state of mind.

The frequency of treatments for Preventative Cancer Care will vary according to the individual. The preventative plan includes Daily Herbal Dietary Therapy and Tai-Qi and Qi Gong Exercise, Weekly Acupuncture, and Monthly Reflexology, Scalp and Lymphatic Therapy.



- A supportive therapy in cancer treatment to improve the successful rate and reduce recurrence...

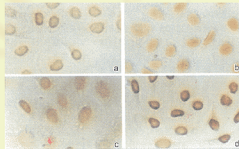
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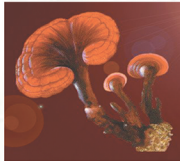
Holistic Cancer Care

Holistic Cancer Care combines various therapeutic methods available in both Western and Eastern Medical practices. The Western Medical protocol for Cancer Treatment includes such Therapies as Surgery, Radiation, Hormone and Chemotherapy. The Eastern medical complementary therapies include Acupuncture, Herbal Remedies, Tui-Na Acupressure, Nutrition, Mind-Body Balance, Music and Circadian Rhythm Therapy. Additionally, this holistic treatment plan includes familial and societal assistance to help patients maintain a positive outlook during the course of treatment. In the last three decades, there have been numerous studies proving the enhanced benefits of combining Traditional Chinese Medicine (TCM) along with conventional therapies (Western medicine) in the treatment of Cancer. Research has shown that Holistic therapy plays an important role in Cancer Care because of its distinct efficacy.

TCM - Acupuncture and Chinese Herbal Therapy

Based on the positive results of extensive scientific laboratory research and clinical trials, the use of Acupuncture and Chinese Herbal Therapy for natural Cancer Care is being widely promoted. Acupuncture can strengthen immune function, balance adrenal function, improve microcirculation and capillary permeability, support physical energy, and relieve mental stress. It also helps alleviate symptoms like pain, chronic fatigue, shortness of breath, and side effects associated with chemotherapy, Radiation, Hormone therapy or others.

Herbal formulas are prescribed individually for cancer patients according to their specific type and clinical phase of cancer. There are several specific herbal formulas which have been scientifically proven to decrease cancer growth, increase blood cell counts (especially white cell counts) and prevent recurrence. These Herbal formulas are currently in common use during Cancer treatment in China to help alleviate side-effects, maintain blood counts, strengthening energy and the immune system. They are most effective for patient who suffer from nausea, vomiting, headache, edema, swollen lymph nodes and hot flashes.



TCM - Supportive Therapy for Cancer Treatment

Although the combination of Western and Eastern therapies is the most commonly used form of Cancer Treatment in China, TCM play the roll of Supportive Therapy for Cancer Treatment in the US. By supplementing their treatment with Chinese natural therapies, patients receive increased benefits as well as reduced overall side-effects. Therefore, we recommend that all cancer patients should consult their Oncologist while they are using complementary medicine such like TCM therapy.

For most patients, surgery is the chief course of action in cancer treatment. TCM provides natural therapeutic options for pre- and post-surgical care to promote relaxation; prevent infection; alleviate symptoms, side effects from medication and the procedure, as well as decrease swelling, improve mental alertness, intestinal mobility; micturition, healing time, and promote incision healing. This therapy includes acupuncture treatments twice before and twice after surgery. When cancer is in remission, the patient should continue monthly treatments for maintenance care.

For those patients undergoing chemotherapy and radiation, Acupuncture and Herbal treatment will focus on increasing energy, calming the mind, reducing fear, regulating blood pressure, maintaining blood cell counts, as well as relieving nausea, fatigue, edema, dehydration, and neuropathy.

For those patients undergoing hormonal therapy for breast, ovarian and prostate cancer, Acupuncture and Tui-Na Acupressure may relieve severe hot flashes and insomnia. The frequency of treatments will vary according to the schedule of radiation and chemotherapy in order to enhance the efficacy and avoid side effects. Weekly lymphatic therapy and monthly reflexology/scalp therapy are also recommended as necessary on a case by case basis.

In TCM theory, there is a proverb saying a doctor cannot successfully heal or treat a patient who had given up their will to live. This saying demonstrates the importance of the patient's resolve to heal and live life to the fullest. The TCM practitioner emphasizes the importance of quality of life, even when the illness is terminal, and helps the patient achieve peace of mind and ease symptoms during this significant time.