

D. How Does It Work?

According to TCM theory, endometriosis is diagnosed as "qi stagnation" which means energy blockage in the body. Ji Liu Ping formula is proven to have been able to move the qi and break the blockage in the body. It helps patients release the pain, bloated abdomen, irregular period when they suffer from the above illnesses.

E. Clinical Use Data and Guide

It helps relieve the severe pain that the endometriosis patients suffer from during ovulation and PMS.

F. Suggested Clinical Dosage

Ji Liu Ping comes in pill form. Patients take 6 pills of the formula twice a day for the first 3 weeks. For maintenance, patients may cut down the dose after consulting with the herbalist. We suggest taking the herbal formula half an hour after eating with warm water. Ice, shellfish, spicy foods, alcohol, caffeine are prohibited upon taking the formula.

We suggest taking this formula from day 5 to day 25 of the period cycle during the abdomen mass therapy. For patients who wish to get pregnant, this formula is not advisable after ovulation time. For patients who have heavy breathing and hemorrhaging during menstruation, it is necessary to add additional herb formula to prevent anemia and hemorrhage. Consult your doctor for detailed information.

G. Purity and Safety Advisory

This formula is a powerful mixture of 100% natural herbs that has been used to successfully relieve symptoms as well as balance the internal conditions. It is approved for import by the FDA as a food supplement and is produced by pharmaceutical factories in America which surpasses international heavy metal and microbiological standards.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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1. What is endometriosis?

Endometriosis is a disorder in which endometrial cells, which looks and acts like the normal cells that line the uterus, are found in different areas of the body. The most common are in the pelvic area. At the beginning of the menstrual cycle, the endometrial cells outside the uterus responds to the hormones released during menstruation. Furthermore, the location of the endometrial cells swells and bleeds during the first part of the cycle. As a defense against the swelling, the body forms a scar tissue surrounding the cells which may also become red or swollen. As the scar tissue increases, it forms adhesions covering the abdominal organ which affects its normal functions.

The only symptoms that may be found in endometriosis are infertility and pain. The severity of the symptoms, if present, depends mainly on the location of the implants and the depth of its penetration into the normal tissues.

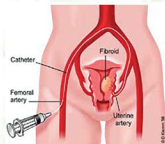
2. How does acupuncture help treat endometriosis?

Acupuncture treat endometriosis divide into two different schedule.

- from day 3 to 20 of the menstrual cycle, the treatment focuses on shrinking the abnormal endometrial cell growing. TCM calls this "removing the qi and blood stasis". Herbal formula Ji Liu Ping can be used at this time to reduce the abdominal swelling and control the abnormal endometrial growth by estrogen stimulant. For women who would like to be pregnant, this herbal formula is recommended to use from day 3 to 12 and should not be used after the ovulation time.

- from day 21 to day 2 of the menstrual cycle, the treatment is focused on prevention of PMS, menstrual cramps, and abdominal bloating since patients suffering from endometriosis have severe menstruation pain and heavy blood clots. Acupuncture also helps patients relieve symptoms such as nausea, headache, lower back pain, fatigue, etc.

- Fertility care: Since pregnancy is a good solution to heal endometriosis, acupuncture is very useful to support the patients' fertility function. The treatment follows the patients' menstrual cycle to help the healthy follicle growing and fluent ovulation successful conception and safety carrying. Acupuncture also helps women have healthy breast feeding after labor since longer breast feeding will also be the treatment therapy to heal the endometrial system. Consult your acupuncturist to have the health care plan with the natural healing process.



- Support treatment for the surgery: Some endometriosis patients need surgery care when the symptoms are very severe. Laparoscopy is the major operation that is applied to the patients. Since endometriosis is caused by abnormal hormone growing, some will have recurrence after the surgery. TCM believes patients need regular acupuncture and herbal treatment after the surgery to prevent the recurrence rate. Clinical report showed that this preventive care is very important and successful to cut down to recurrence rate.

3. How does the Chinese herbal formula, Ji Liu Ping, work?

A. What is this formula for?

This herbal formula helps patients who suffer from heavy bleeding, severe pain during ovulation and menstruation, irregular period, bloated abdomen, ache and soreness in the back, as well as infertility due to the different abdomen mass.

B. Formula source and description

Ji Liu Ping was developed in 1980 in Shanghai Shu Guang Hospital. It has been used in China as a drug to treat endometriosis. In America, Ji Liu Ping has been used for more than 12 years as food supplement to help patients release the symptoms related to the aforementioned problems.

C. Ingredients

Huang Qi (Radix Astragali), Dang Shen (Radix Codonopsis), Gui Zhi (Ramulus Cinnamomi), Fu Ling (Poria), Tao Ren (Semen Persicae), Yi Yi Ren (Semen Coicis), San Leng (Rhizoma Sparganii), E Zhu (Rhizoma Curcumae), Xia Ku Cao (Spica Prunellae), Xiang Fu (Rhizoma Cyperi), Dan Shen (Radix Salviae Miltiorrhizae), Chi Shao (Radix Paeoniae Rubra), Bai Shao (Radix Paeoniae Alba), Bai Hua She She Cao (Herba Hedyotis Diffusae), Sheng Mu Li (Concha Ostreae), Hai Zao (Sargassum), and Wnag Bu Liu Xing (Semen Vaccariae).